

2020 TRACK & FIELD MINIMUM QUALIFYING STANDARDS - Manual

| <u>GIRLS</u> | <u>EVENT</u> | <u>BOYS</u> |
|----------------------------|---------------------|----------------------------|
| 12.8 | 100 Meter Dash | 11.2 |
| 26.7 | 200 Meter Dash | 23.0 |
| 1:01.5 | 400 Meter Dash | 52.0 |
| 2:26.0 (B) 2:25.0 (A) | 800 Meter Run | 2:03.0 (B) 2:01.5 (A) |
| 5:35.0 (B) 5:30.0 (A) | 1600 Meter Run | 4:40.0 (B) 4:35.0 (A) |
| 12:16.0 (B) 12:05.0 (A) | 3200 Meter Run | 10:20.0 (B) 10:05.0 (A) |
| 16.6 | 100 Meter Hurdles | |
| | 110 Meter Hurdles | 16.0 (B) 15.9 (A) |
| 48.6 | 300 Meter Hurdles | 42.2 |
| 16'5" (B) 16'8" (A) | Long Jump | 20'9" |
| 34'0" (B) 34'4" (A) | Triple Jump | 41'6" |
| 5'1" | High Jump | 6'2" |
| 35'6" | Shot Put | 46'9" (B) 48'6" (A) |
| 110'0" | Discus | 135'0" (B) 145'0" (A) |
| 115'0" (B) 110'0" (A) | Javelin | 160'0" |
| 9'0" (B) 9'3" (A) | Pole Vault | 12'0" (B) 12'6" (A) |
| 52.6 | 4 x 100 Meter Relay | 45.7 (B) 45.2 (A) |
| 1:51.3 | 4 x 200 Meter Relay | 1:35.0 (B) 1:34.0 (A) |
| 4:16.0 | 4 x 400 Meter Relay | 3:36.0 (B) 3:34.0 (A) |
| 10:20.0 (B) 10:10.0 (A) | 4 x 800 Meter Relay | 8:35.0 (B) 8:24.0 (A) |

NOTE: Some qualifying standards are different for Class B and Class A

(Standards in bold are those that are different from last year)

The times above are the qualifying times when using a manual timing system after the original time has been rounded up to the nearest tenth of a second.